**What medications can I take during pregnancy?**

**Heartburn, upset stomach, gas and bloating:**

* **Antacids: Maalox, Mylanta, Rolaids, Tums**
* **Simethicone (Gas-X, Maalox Anti-Gas, Mylanta Gas, Mylicon)**

**Cough or Cold:**

* **Guaifenesin (Hytuss, Mucinex, Naldecon Senior EX, Robitussin)**
* **Dextromethorphan (Benylin Adult, Robitussin Maximum Strength Cough, Scott-Tussin DM, Vicks 44 Cough Relief)**
* **Guaifenesin plus dextromethorphan (Benylin Expectorant, Robitussin DM, Vicks 44E)**
* **Cough Drops**
* **Vicks VapoRub**

**Pain Relief, Headache, and Fever:**

* **Acetaminophen (Anacin Aspirin-Free, Tylenol)**

**Allergy Relief:**

* **Chlorpheniramine (Chlor-Trimeton allergy tablets)**
* **Loratadine (Alavert, Claritin, Tavist ND, Triaminic Allerchews)**
* **Diphenhydramine (Benophen, Benadryl, Diphenhist, Genahist)**

**Constipation and Hemorrhoids:**

* **Fibers:**
* **Psyllium (Konsyl-D,Metamucil, Modane Bulk, Perdiem)**
* **Polycabophil (Equalactin, Fiber-Lax, FiberNorm, Konsyl-Fiber, Mitrolan)**
* **Methylcellulose (Citruce, Unifiber)**
* **Other laxatives and stool softeners (Colace, Dulcolax, Maltsupex, Milk of Magnesia)**
* **Hemorrhoid creams (Anusol, Preparation H, Tucks)**

**Yeast infections and other fungal infections (athlete’s foot):**

* **Miconazole Nitrate (Monistat 7)**
* **Tolnaftate (Absorbine Athlete’s Foot Cream, Absorbine Footcare, Genaspor, Tinactin)**

**Insomnia:**

* **Diphenhydramine (Benadryl, Maxium Streanght Unisom SleepGels, Nytol, Sominex)**
* **Doxylamine succinate (Unisom Nighttime Sleep-Aid)**